Camping Merit

Note: This merit is required to earn the Gold Medal of Achievement.

1. Show that you know first aid for the following: hypothermia, heatstroke, heat exhaustion, frostbite, dehydration, sunburn, insect stings, tick bites, snakebites, and blisters.

❑ Hypothermia	❑ Sunburn
❑ Heatstroke	❑ Insect stings
❑ Heat exhaustion	❑ Tick bites
❑ Frostbite	❑ Snakebites
❑ Dehydration	❑ Blisters

Leader's Initials ❑

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2. Explain the meaning of "low-impact camping." Write five examples of how you would practice "low-impact" principles on your next outing.

   Low-impact camping is when_____

   _____

   Examples of low-impact camping:

   1. _____

      _____

   2. _____

      _____

   3. _____

      _____

   4. _____

      _____

   5. _____

      _____

Leader's Initials ❑

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3. Do ONE of the following:
   a. Make a written checklist for an overnight camp-out and explain how to get to your campsite using a highway or topographic map.

      Use MWS 1 "Sample Event Checklist" to complete this checklist. Insert a copy of the map into your workbook.

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b. Make a written checklist and a daily plan for a missions trip. Explain preparations on how to get to the site using an airport, highway, or topographic map.

Use MWS 1 "Sample Event Checklist" to complete this checklist. Insert a copy of the map into your workbook.

4. Do ONE of the following:
   a. Lay out a campsite for your group or patrol, indicating where to place the tents, fires, cooking areas, latrines, etc.
   Do this on a separate sheet of paper and insert it in your workbook.

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   b. Lay out a complete missions trip schedule from home departure to return. List the information that each participant would need for the event to be successful.
   Do this on a separate sheet of paper and insert it in your workbook.

5. Demonstrate your understanding of selecting and packing the clothing and equipment needed for an overnight camp-out or missions trip by completing the following:
   a. Make two different clothing lists, one for a warm-weather outing or trip and the other for a cold-weather outing or trip.

Warm	**Cold**
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

   b. Do ONE of the following:
      i) Make two different equipment lists, one for a stationary camp and the other for a backpacking trip with multiple destinations. Give a copy of each list to your patrol members.

Stationary	Backpacking
_____	_____
_____	_____
_____	_____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

ii) Make two different equipment lists, one for a missions trip with only one location and the other for a missions trip where multiple sites will be visited. Give a copy of each list to your team members.

Do this on a separate sheet of paper and insert it in your workbook.

c. Describe the types of sleeping bags that would be required for warm-weather trips and cold-weather trips.

Warm-weather sleeping bags should be _____

_____

Cold-weather sleeping bags should be _____

_____

d. Plan a menu for your patrol or team that includes three meals (breakfast, lunch, and dinner). Make a food list. Prepare the cooking directions and give copies of the recipes to members of your patrol or team.

Breakfast	**Lunch**	**Dinner**
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Write out the food list and recipes on a separate sheet of paper and insert them into your workbook.

e. Do ONE of the following:

i) Prepare your backpack and have it inspected by your group leader. The pack must contain your clothing and gear and your share of the patrol equipment and food. Show that it is packed neatly and can be carried comfortably.

ii) Prepare your travel luggage and have it inspected by your group leader. The luggage must contain your clothing and gear and your share of the team equipment and food. Show that it is packed neatly and can be carried comfortably.

Leader's Initials ☐

Date_____

6. Do ONE of the following:

a. Working with another patrol member, demonstrate the proper pitching of a trail, pup, or other type of tent to be used for your shelter. Then repack that shelter.

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Date_____

b. Assist in the setting up or taking down of facilities necessary for the missions event you are helping with.

7. Demonstrate your rope craft skills by tying THREE of the following knots:

❑ a. Square knot

❑ b. Sheet bend

❑ c. Bowline

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❑ d. Clove hitch

❑ e. Taut-line hitch

8. Demonstrate any THREE of the following fire craft skills:

a. Explain the open-fire safety rules for your locale.

_____

_____

_____

_____

_____

_____

_____

_____

b. Explain the safety rules for use of a propane stove.

_____

_____

_____

_____

_____

c. Explain the safety rules for a liquid fuel stove and the handling precautions for liquid fuel.

_____

_____

_____

_____

_____

d. Show that you can build TWO types of fires, such as crisscross, teepee, trench, or hunter's. Also, explain when each should be used.

e. Demonstrate how to properly start and use a camp stove or a backpack stove.

f. Demonstrate your ability to start a charcoal fire and cook on it.

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Date_____

9. Cook a complete main meal on a campfire, camp stove, backpack stove, or by using the cooking facilities at a missions site. Use at least two types of cooking, such as boiling, baking, broiling, or frying.

The meal I cooked included _____

_____

I used these two types of cooking:_____

_____

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10. Do the following:

❏ a. Demonstrate the appropriate care of food and the disposal of garbage.

❏ b. Demonstrate proper dishwashing techniques.

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Date_____

11. Do ONE of the following to demonstrate the safe use of tools:

a. On a camp-out demonstrate the proper use of a pocketknife, bow saw, and hand ax.

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b. On a missions trip demonstrate the proper use of construction tools, equipment, sound equipment, or audiovisuals.

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12. Demonstrate your ability to properly use a compass or GPS instrument.

13. Do the following:
    a. Assemble a first aid kit and explain why each item is needed.
    b. Make an inventory list of all the items and place it in the first aid kit.
    Items included in my kit:

_____

_____

_____

_____

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14. Do the following:
    a. Describe in writing the "Seven S's" for a successful campfire service, or plan the program for an outdoor missions service.

_____

_____

_____

_____

_____

_____

_____

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    b. Plan and participate in an outdoor service.
    Use MWS 2 "Outdoor Service Plan" for your plan.
    Date of the service: _____

15. Do one of the following or any combination of "a" or "b":
    a. Camp out a total of at least ten days and nights.

Date	**Location of Camp-Out**
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

b. Complete a total of at least ten days and nights on missions trips or ministry outings.

Date **Trip or Outing**

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

Leader's Initials

Date_____

16. Write a brief report describing how the earning of this merit has taught you about personal health and safety, public health, conservation, ministry to others, and good citizenship.

    Write this report on a separate sheet of paper and insert it in your workbook.

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Notes: Outings and camp-outs may include: Mountain biking, rock climbing, cave exploring, snowmobiling, cross-country skiing, camping trip, hiking, backpacking, etc.

Missions trips may include: World Missions, Home Missions, construction projects, youth missions, Convoy of Hope, etc.