CAMPING

Camping is an outdoor recreational activity involving overnight stays away from home; out in nature with or without a shelter, such as a tent.

Camping reconnects people with nature: birds & animals; night sky…

Camping with others helps with engaging in social activities.

Camping helps you to develop Life skills because you must rely on yourself and your fellow campers to meet your basic needs.

Conservation Pledge

I give my pledge as an American to save and faithfully to defend from waste the natural resources of my country
- its [air] soil & minerals, waters, forests, and wildlife.

Leave NO Trace

Plan Ahead and Prepare [Trail/Campsite permits]
Travel and Camp on Durable Surfaces
Dispose of Waste Properly [Pack-it-In; Pack-it-Out]
Leave What You Find [you are a visitor]
Minimize **Campfire** Impacts [Right size]
Respect Wildlife [Avoid contact; Do not feed animals]
Be Considerate of Other Visitors

CAMPING [TRIP] PLANNING

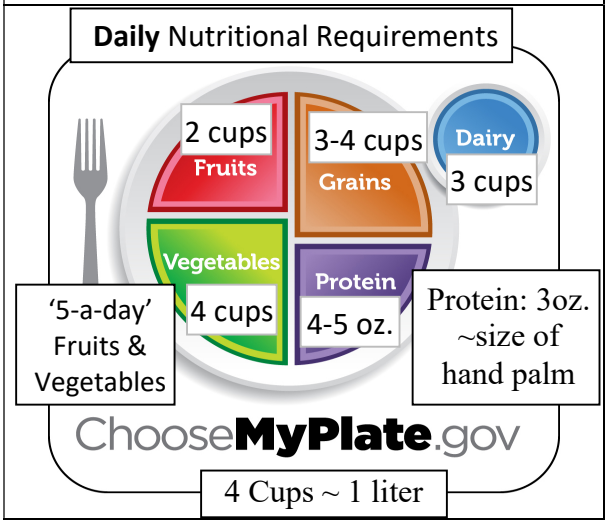
CAMPERS: [**who**] (1) adult for every 6-8 boys.
EVENT: **what**: type: campground; backpacking.
DATE (TIME): **when** you will be leaving & returning.
DEPARTURE/RETURN location

DESTINATION: **where** campground/campsite located
Specific address &/or map coordinates
COST: **How much** [cost] per person

GEAR: Clothing and Camping gear/equipment
MENU: plan each meal; consider refrigerated items.

TRANSPORTATION: vehicles / trailers;
route: roads; trails; etc.
Coordinate any stops along the way.

MENU PLAN



CAMPSITE LAY-OUT

The basic camp has 'rooms' similar to your house.

KITCHEN: Cooking & food prep. & storage
washing area: personal & dish/cooking equipment
DINING: next to kitchen; Dining fly tarp
>helps to repel weather elements: Sun, rain

Cook
Eat
Sleep

'BEDROOM': set up tents in daylight.
> guylines not in walking path (trip hazard)

CUT'N CHOP AREA: rope off area; 3 m from fire pit;
>Chop blocks oriented away from camp (people).
FIRE PIT: established fire ring or fire pan.

WASTE DISPOSAL: *Burn* food waste & 'burnables'.
Pack out all other items.

CAMPSITE SELECTION [Leave No Trace]

Minimize Environmental impact: [Conservation]
- *Choose* a designated site. ['durable surface']
- Water Source: bring water to campsite.
- Consider vegetation: trampling down flowers; plants may not recover..
- Off-Trail: hiking & animal (Respect Wildlife)
- Flat Ground: not ridge; (lightning/wind) Not in valley/canyon (flooding)
- Consider sun exposure
- Minimize Campfire Impacts
- Pack-in/out (Dispose of Waste Properly)
- Restore vegetation: prevents erosion.

Set-up Camp 1-2 hours before sunset.

Have Fun; Be Safe

ROYAL RANGERS — CAMPING

✓	CLOTHING	Plan for a change of under clothing each day. Extra socks
	Cap or hat	
	shirts	
	T-Shirts	
	Pants; shorts	
	Socks	
	Underclothes [Base layer]	
	Sleeping clothes (clean / dry)	
	Swim Trunks or Shorts	
	Neck Gaiter / bandana	
	Sweatshirt / jacket	
	Poncho (Rain jacket)	
	Shoes /boots; Water shoes	
	Bag for soiled clothing	
	Belt	Gloves
	Sunglasses; safety glasses	

✓	PERSONAL CARE
	Toiletry Kit [plastic bag]
	Toothbrush & toothpaste
	Soap / shampoo
	deodorant
	Washcloth
	Towel
	Comb
	Fingernail clipper
	★First-Aid Kit (bandages)
	Bible
	Notebook & pencil or pen
	Clothing repair kit
	Extra shoelaces

✓	CAMP GEAR/EQUIPMENT
	Tent [shelter]
	Ground cloth (plastic tarp)
	Sleeping bag (or blankets)
	Bed sheet liner [optional]
	Sleeping Pad (or Cot)
	Pillow ['stuff bag' w/clothes]
	Water bottle(s)
	★Water purification system
	★Pocketknife / multi-tool
	★Compass
	★Flashlight(s)
	★metal match / matches
	★whistle; signal mirror
	SMARTphone (extra battery)
	Trekking poles (Hiking Staff)

★ **Emergency Survival Kit [ESK]**

✓	Cooking equipment
	Camp Stove (& fuel)
	Cooking Pots / Pans
	Mixing Bowls; whisk
	Colander (strainer)
	knives / veg.peeler
	cutting board
	can opener
	Cooking Spoons
	Spatula (turner); rubber
	Pot holders (silicon)

✓	Kitchen Items
	Plates / Bowls
	Knife, fork & spoon
	Condiments
	Salt/pepper (other spices)
	Ketchup / mustard
	Butter / mayonnaise
	Cooking Oil; sugar
	Aluminum foil
	Portable Ice Chest (Cooler)
	Portable Water container

✓	Dish washing area
	(3) Dishpans [sink basin]
	dish soap (biodegradable)
	Sanitizing tablets (chlorine)
	scrub pads / dish wash cloth
	Soap-dispensing dish brush
	dish towels
	paper towels
	storage bags (food)
	trash bags
	Toilet paper

✓	MISCELLANEOUS		Screwdriver/pliers/wrench		Broom / dustpan
	Table; Dining Fly (Canopy)		Long-Handle axe / Hand ax		First aid kit
	Camp Chair		Shovel / Rake / Hammer		Duct Tape
	Lantern; Lighter (matches)		File & whetstone / Saw		Tarp / Rope / Cord

CAMPCRAFT SKILLS

Details in individual Skill sheets:

- **Camp Safety:** Food storage/disposal.
- **Cooking:** MyPlate; prep; cook; clean-up
- **RopeCraft:** Square knot; Sheet Bend; Clove Hitch; Two half-Hitches; Bowline; 'taut-line' Adjustable Hitch
- **Lashing:** [Japanese Mark II] Square Hitch
- **ToolCraft:** Safety [SAW CUTSS] knife; saw; & axe (parts & passing)
- **FireCraft:** CAMPFIRE safety
- **Compass:** direction & map reading
- **Backpacking:** Sack-of-Bags [SoB]

CLOTHING [Pack items in separate bags]

[*Wicking*] Base layer: [underwear] (synthetic materials wick moisture away from your skin; NO cotton) T-shirt; underwear; socks; long-sleeve T-shirt

[mid] Core Layer: shirt; shorts or pants

[Warm] Insulating Layer: clothing that retain body heat & breathable to wick moisture. Sweatshirt; fleece jacket; wool

[Wind] Outer (Shell) **layer:** [weatherproof layer] shields you from wind / rain (elements). Coat/Jacket

Have Fun; Be Safe